



# OLYMPIC COLLEGE

# HOMESTAY NEWS

Office of International Education  
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## MEET OUR HOST FAMILY

Ms. Beth Goheen and her family have been hosting OC international students for two years. Ms. Goheen says, "we decided to host an international student because we saw signs at OC that host families were needed for international students and we have an extra bedroom. We thought that maybe we could provide a home for kids away from their homes to feel safe and comfortable and provide them with a good experience here in the U.S."

The first year we hosted a 17-year-old boy from Vietnam. The second year (currently) I am hosting a 16-year-old girl from Taiwan. We didn't know what to expect when we first started hosting. We were a little nervous and didn't know what the students' expectations would be. But so far it's been great. A rewarding experience we've had was for the Chinese New Year, my student and a friend cooked an entire meal for our family to celebrate. It was very thoughtful and delicious!

We have had many memorable experiences with our international students. We have taken them to Mariners games, to cut down Christmas trees, to the pumpkin patch, the tulip festival, the Puyallup Fair and trips to Portland, OR and Boise, ID. We try to give them different experiences that they will remember. The most challenging experience so far has been with lack of communication."

Ms. Goheen has some great tips to share with host families and international students. For host families, "treat the students as your own. Be patient and give them time to adjust." For international students, "respect your host family's rules. Communicate – Don't be afraid to talk to your host family about any problems you have, anything you're curious about. Don't be shy, if you talk more, the better your English will get and you will feel more comfortable speaking."



A photo of Mr. Shelton & Ms. Goheen Family



Welcome to my  
*Home*

## Homestay Q & A

Important

### Q: Can we take our international student to Canada?

A: Yes. You can check whether your student is required to apply for a tourist visa according to the nationality. And some nationalities are visa-exempt but still need an Electric Travel Authorization (eTA) according to the mode of travel. You can see the list here at

<http://www.cic.gc.ca/english/visit/visas-all.asp>

Additionally, all international students must obtain a travel authorization signature on their I-20 form from a Designated School Official (DSO) - Heather/Akiko/Hideko - prior to the travel in order to return to the U.S.

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Please Contact Hideko Lyle, our Homestay Coordinator,

[hlyle@olympic.edu](mailto:hlyle@olympic.edu) or 360-475-7562 for any homestay questions.



## MEET OUR HOMESTAY STUDENT

Ayana, one of our international students from Japan, has been living with her host family for 9 months. Ayana really wants to thank her host family. She thinks that

talk about the Bible and cultural topics every week. She often watches movies with her host mother and a small doggie at night. Her host father can play the flute and the saxophone, and plays the instruments at church as a member of the worship team. She can also play the flute, and enjoys playing it with his host father on almost every Sunday at the church.

Ayana Noda from Japan she made a good decision to live and stay with a host family during her stay at Olympic College. She has participated in many events with her host family like Thanksgiving party, Christmas party, Easter party, and so on. For events such as Halloween, Valentine’s Day, and Easter, her host family invited her friends from Residence Hall and they baked cookies together.

Lastly, she has some advices for international students who might live with host families in the future. “Have conversation with host family as much as you can and never forget the feeling of appreciation. When I came here, I couldn't speak English well and I was afraid about that. But thanks to my host family, my English is improving (I hope so. haha), because they talk to me a lot and share our culture.”

Also, her loving host family invited her to join a small group of church. They have dinner together and

## Global Recipe



## Ginger Pork from Japan

### Ingredients

Sliced pork loin 400g

Cabbage julienne strips 1/4

Sause A:

2 pieces of ginger(shredded)

4 teaspoons soy sauce

3 teaspoons Mirin cooking rice wine

1 teaspoon salad oil



### Directions

Arrange pork loins on rectangle tray, add sauce A and stand for 15min. (The time length depends on the thickness of the pork.) Heat the salad oil in a frying pan, and lay the (1) to dry. To avoid burning the pork, wash the frying pan after every use. Arrange pork and thinly sliced cabbage into bowls, cut cabbage thinly as it goes well with the pork.

Source: [http://www.nasluck-kitchen.jp/english/recipe/index.asp?cd=1&menu\\_id=000020](http://www.nasluck-kitchen.jp/english/recipe/index.asp?cd=1&menu_id=000020)